



Mental Health
Foundation

Board of Trustees
The Graham Shapiro Foundation
Tudor House
73 Welsh Row
Nantwich
Cheshire
CW5 5EW

Dear Trustees of the Graham Shapiro Foundation,

The Mental Health Foundation would like to thank The Graham Shapiro Foundation for their generous donation which was received in our bank account. We are truly grateful for this gift.

The Mental Health Foundation (MHF) was set up in 1949 to address the disparity in funding between mental and physical health. It is the first UK charity to focus on the need to find well researched solutions to mental ill health. MHF has contributed to a momentous shift in public opinion of mental health and policy surrounding it, promoting a holistic approach to addressing mental health problems.

Our strategic focus is on prevention at three levels: primary (everyone), secondary (those at risk) and tertiary (people with diagnosed mental health problems). Empowerment of people to take control of their mental health is a theme underlying our programmes.

Your generous gift will be used to further our charitable activities to prevent mental health problems. We will drive change towards a mentally healthy society for all, and support communities, families and individuals to live mentally healthier lives, with a particular focus on those at greatest risk.

If you would like any more information on this at all, please do not hesitate to contact my colleague in the Grants team, Rachel, by email at rprescott-smith@mentalhealth.org.uk or by phone on 020 7803 1181.

Please accept this letter as official receipt of your gift and be aware that our Grants team will provide you with a progress report as requested in one year from now.

Yours sincerely,

Rachel Prescott-Smith
Grants Manager

Colechurch House 020 7803 1100
1 London Bridge Walk mentalhealth.org.uk
London SE1 2SX United Kingdom info@mentalhealth.org.uk